

Helping
Keep
Truckers



On The Road!



Talk to a  anytime



Teladoc® gives you 24/7/365 access to U.S. board-certified doctors through the convenience of phone or video consults. It's an affordable alternative to costly urgent care and ER visits when you need care now.

WHEN CAN I USE TELADOC?

Teladoc does not replace your primary care physician. It is a convenient and affordable option for quality care.

- When you need care now
- If you're considering the ER or urgent care center for a non-emergency issue
- On vacation, on a business trip, or away from home
- For short-term prescription refills

GET THE CARE YOU NEED

Teladoc doctors can treat many medical conditions, including:

- Cold & flu symptoms
- Allergies
- Bronchitis
- Urinary tract infection
- Respiratory infection
- Sinus problems
- And more!

MEET OUR DOCTORS

Teladoc is simply a new way to access qualified doctors. All Teladoc doctors:

- Are practicing PCPs, pediatricians, and family medicine physicians
- Average 15 years experience
- Are U.S. board-certified and licensed in your state
- Are credentialed every three years, meeting NCQA standards

With your consent, Teladoc is happy to provide information about your Teladoc consult to your primary care physician.

Talk to a doctor anytime for Free

 DocOnCall247.com

 Facebook.com/DocOnCall

 1-844-662-2247

 Teladoc.com/mobile

Benefits Include...

Telehealth

73% of Americans...

Have trouble receiving timely medical care without having to visit the emergency room. Help your members save time and money with 24/7 access to a doctor by phone or online video consult—anytime, anywhere with no consult fee.

Doctors offer a diagnosis, treatment options and prescription if necessary. By using Teladoc instead of going to an urgent care clinic or ER, members cut unnecessary out-of-pocket costs and time wasted in crowded waiting rooms.

- **On-demand healthcare—wherever, whenever**
- **Treatment for common medical issues such as colds, flu, poison ivy, respiratory infections, bronchitis, pink eye, sinus problems, allergies, urinary tract infections and ear infections**
- **16 minutes average call back time**
- **Consultations for all ages—from children to seniors**
- **U.S. board-certified doctors with an average 15 years practice experience**
- **Upon member request, Teladoc can share consult information with their doctor**

Dental Care

Smile brighter

Big savings on dental services at over 158,000* dental practice locations nationwide. Just present your card with the Aetna Dental Access® logo and pay the discounted price at the time of service. Use your card over and over again to keep your teeth sparkling clean!

- **In most instances, save 15% to 50% per visit**
- **Save on dental services such as cleanings, X-rays, crowns, root canals and fillings**
- **Need specialty dental care? Save on orthodontics and periodontics, too!**

Vision Care

Your eyes are the windows to your health

Now you and your family can see better savings at over 20,000 vision providers nationwide, including national chains and local retailers. You save 10% to 60% on glasses, contacts, laser surgery, exams and even designer eyewear.

- **20% to 60% off prescription eyewear including most frames, lenses and specialty items such as tints, coatings and UV protection**
- **10% to 30% off eye exams**
- **Participating chains include LensCrafters, Pearle Vision, Visionworks, JCPenney, Sears, Target and more**
- **Your eye doctor not in our network? The nomination process is a breeze!**
- **10% to 40% off contact lenses through America's Eyewear mail order service**
- **You receive exclusive access to the lowest contact lens prices through America's Eyewear mail order service**
- **15% to 40% eyeglasses and sunglasses through FramesDirect.com**
- **40% to 50% off the national average cost of LASIK surgery**

Counseling

Need to talk it out?

Let experienced counselors help solve personal problems 24/7. Discuss everything from depression, anxiety and stress, to struggles with family, work and substance abuse. Help with loss, grief, change, transition or abuse Access to free, confidential counseling by phone Counselors have a master's degree and at least five years experience Counselors follow up and monitor progress until you are satisfied When appropriate, you can be referred to local licensed counselors

Medical Health Advisor

Efficient and Dependable

The Personal Health Advocate is a trained professional, typically a registered nurse, supported by medical directors and benefits and claims specialists, who understands the intricacies of the healthcare system and how to navigate through it. As soon as a member contacts us, they establish a relationship with a Personal Health Advocate who stays with them until the issue is resolved. Our Personal Health Advocates demonstrate a commitment to service excellence, possess strong problem-solving skills, and support members as they seek healthcare services and interact with providers and insurers. They assist with clinical issues, claims, benefits, grievances, paperwork and other important needs. Health Advocate can be accessed 24/7. Our normal business hours are Monday through Friday

MRI & CT Scans

A better image...

Leads to a better diagnosis, better treatment and a better recovery. Members save 50% to 75% on usual charges for MRI, CT Scans and Ultrasounds at thousands of credentialed radiology centers nationwide. Members are referred to a certified radiologist based on condition, preferences and location.

- **Save 50% to 75% on typical costs for the following imaging services**:**
 - MRI
 - CT Scans
 - Ultrasounds
- **Large nationwide panel of radiologists and imaging specialists with over 2,900 radiology centers throughout the United States.**

Pharmacy Savings

Don't pay full price!

Save 10% to 85% on most prescriptions at over 60,000 pharmacies. Just present your card to save an average of 42% at locations nationwide. Compare your prescription prices and see for yourself at MyRxPrice.com Participating pharmacies include CVS, Walgreens, Target and many other independent, national and regional chains Even if you have insurance, present both cards at the pharmacy to receive the lowest price Immediate family included—even pets!

Lab Testing

Know your numbers!

You have direct access to over 1,500 major clinical laboratories nationwide where you can save 10% to 80% on typical costs for lab work. Find a location near you and order online or by phone. Test categories include allergies, vitamin and cholesterol levels, liver function, fertility, thyroid and more Confidential results in as little as 24 hours for most tests.

Diabetic

Diabetes can be hard to manage

An average savings of 48% on supplies and the convenience of right-to-the-door service can make life easier. Comprehensive support and personalized care plans make it easier to manage diabetes and reduce the number of medical visits.

- **Monitor levels with name brand glucose meters and diabetic supplies**
- **Healthcare information and resources for those newly diagnosed, living with, or caring for others with diabetes**

All Benefits Included For \$19.99 per month.
One-Time Membership Fee of \$15.00
Covers Fulfillment Kit and Benefit Cards



DocOnCall
24/7

Disclosures: **This plan is NOT insurance.** The plan is not insurance coverage and does not meet the minimum creditable coverage requirements under the Affordable Care Act or Massachusetts M.G.L. c. 111M and 956 CMR 5.00. This plan provides discounts at certain healthcare providers for medical services. This plan does not make payments directly to the providers of medical services. The plan member is obligated to pay for all healthcare services but will receive a discount from those healthcare providers who have contracted with the discount plan organization. **This discount card program contains a 30 day cancellation period.** member shall receive a full refund of membership fees, excluding registration fee, if membership is cancelled within the first 30 days after the effective date. AR and TN residents: A refund of all fees will be issued if membership is cancelled within the first 30 days. MD Residents: The membership fee and one-time registration fee (minus \$5.00) will be refunded if cancelled within the first 30 days and upon return of the discount card. Discount Medical Plan Organization: New Benefits, Ltd., Attn: Compliance Department, PO Box 671309, Dallas, TX 75367-1309, 800-800-7616. Website to obtain participating providers: MyMemberPortal.com. Not available to WA, VT, KS or UT residents. Telehealth operates subject to state regulation and may not be available in certain states.

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